



## RAISE PRACTICUM EXEMPLAR ACTIVITY TEMPLATE

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| <b>Name:</b> Melli Hoppe                                 |
| <b>Affiliate Organization:</b> Arts for Learning Indiana |
| <b>Your Art Discipline:</b> Dance                        |

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| <b>Title of Activity:</b> Focus Position                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Exemplar Focus:</b> Classroom Management                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>RAISE Connections:</b><br><input checked="" type="checkbox"/> Social-Emotional Learning <input type="checkbox"/> Healing-Centered Education<br><input type="checkbox"/> Culturally Responsive-Sustaining Pedagogy                                                                                                                                                                                                                                                               |
| <b>RAISE Principles:</b><br><input checked="" type="checkbox"/> Community Grounding & Routines <input type="checkbox"/> Creative Choice & Voice<br><input type="checkbox"/> Emotional & Somatic Engagement <input type="checkbox"/> Interpersonal Belonging & Relationships<br><input type="checkbox"/> Reflection & Radical Imagination                                                                                                                                           |
| <b>Summary:</b><br>Students move from sitting in a circle to standing equidistant in a focus position in eight counts. Once the students are standing, the teaching artist demonstrates moving back to the same spot in eight counts, invites one student to demonstrate moving back to their spot in eight counts, invites half of the class to move to their spot in eight counts, and finally the whole class moves through space and walks back to their spot in eight counts. |
| <b>Rationale:</b><br>I do this activity before students learn locomotor movement (dancing through space) so that I can make sure they are able to demonstrate self-control so that no one gets hurt. It also is a useful tool to quickly and quietly have them return to focus position so that I can give them further instruction or for reflection.                                                                                                                             |
| <b>Goals:</b><br>Students will be able to demonstrate self-control by walking to their spot in eight counts with little talking.                                                                                                                                                                                                                                                                                                                                                   |
| <b>Materials and Supplies Needed:</b><br>Large open space, tape for younger students.                                                                                                                                                                                                                                                                                                                                                                                              |

**Outline:**

1. Notice tape that is spaced equidistant on the floor.
2. Walk to a spot on the floor in eight counts without talking and stand in focus position facing front with arms to your side.
3. TA demonstrates walking through space and back to spot in eight counts.
4. TA invites one student to walk through space and back to focus position in eight counts.
5. TA invites half of the class to walk through space and back to focus position in eight counts.
6. TA invites the whole class to walk through space and back to focus position
7. TA invites students to dance through space and return to their focus position in eight counts.

**Any Additional Comments:**

I do not use tape with older students. They learn the term equidistant and group problem solves by finding a spot to stand so that the whole class is standing equidistant from each other.